

# NEWSLETTER

May-2024



RASHID LATIF KHAN  
UNIVERSITY



RASHID LATIF  
MEDICAL COMPLEX



HAMEED LATIF  
TEACHING HOSPITAL



RLKU  
MEDICAL COLLEGE



ARIF MEMORIAL  
TEACHING HOSPITAL



## Rashid Latif Department of Medical Education (DME)

### Workshop on Flipped Classroom (23rd April, 2024)

DME organized an insightful workshop at Rashid Latif Medical College on 23rd April 2024, uncovering the potential of the Flipped Classroom model with Dr. Kainat Javed, Director of Medical Education, leading the way. Appreciative of the enthusiastic engagement from both basics and clinical faculties grateful for the presence and support of Prof. Tahir Masood, Madam Zuleikha, and Prof. Mudassar, as we explored innovative approaches to interactive learning!



## Rashid Latif Department of Medical Education (DME)

### 2nd Year MBBS First PBL Session (24th April, 2024)

Continuing PBL in Second-year MBBS: Students explored 'Epigastric Pain' Theme in GIT Module. Beginning an Enriching Academic Venture, Guided by Committed PBL Coordinators.



## Rashid Latif Medical College (RLMC)

### DNA Day (25th April, 2024)

The faculty of physical and biological sciences, RLKU under the supervision of Prof. Dr. Sadia Qureshi (Dean of Physical and Biological Sciences) celebrated World DNA Day on 25th April. This day was a global celebration commemorating the discovery of the double helix structure of DNA in 1953, as well as the completion of the Human Genome Project in 2003. It's a day to honor the significance of DNA in advancing scientific research, medical breakthroughs, and our understanding of genetics.

The event was graced by the presence of Ms. Zulaikha Khan (director of marketing, RLKU), Mr Muhammad Khalid (Pro VC, RLKU), Dr. Nashi Khan (director of academics), Mr. Iftikhar Tarar (director LLB), and many others. Students of BS Biochemistry and BS Biotechnology presented contributions of scientists regarding developing the structure of DNA. They also displayed models of DNA and its higher organization.





# Rashid Latif Department of Medical Education (DME)

## CMH Annual Research Day 2024 (29th April, 2024)

We're thrilled to announce that Rashid Latif Medical College students excelled at the CMH Annual Research Day 2024, with Aziza Ahmed (Roll No: 26020, 3rd Year MBBS) securing an impressive 3rd position among all participating colleges. Other outstanding participants from 3rd Year MBBS included Sheikh Muhammad Yahya Azhar (Roll No: 26084), Haider Ali Khan (Roll No: 26062), Fahad Ashraf Baig (Roll No: 26070), Muhammad Daim Jawaid (Roll No: 26085), Nabihah Tahir (Roll No: 26185), Hussain Saeed (Roll no: 26183), and from 4th Year MBBS, Hoorish Khan, and Fiza Tahir played their part.



# Rashid Latif Department of Medical Education (DME)

## Workshop on Mastering Communication Skills (29th April, 2024)

The Department of Medical Education orchestrated a profoundly insightful workshop titled "Mastering Communication Skills for Wellness in Medical Professionals" on April 29, 2024, at Rashid Latif Medical College. Prof. Usman Amin Hotiana, the esteemed Head of the Psychiatry Department, led the event with remarkable insight and charisma. Professor Hotiana's leadership was truly exemplary, showcasing how each department can pioneer trans-formative initiatives to embed effective communication practices, thereby fostering the holistic development of both faculty and students. Special commendation is owed to Prof Tahir Masood, Prof. Mudassar Ali and Dr. Kainat Javed.

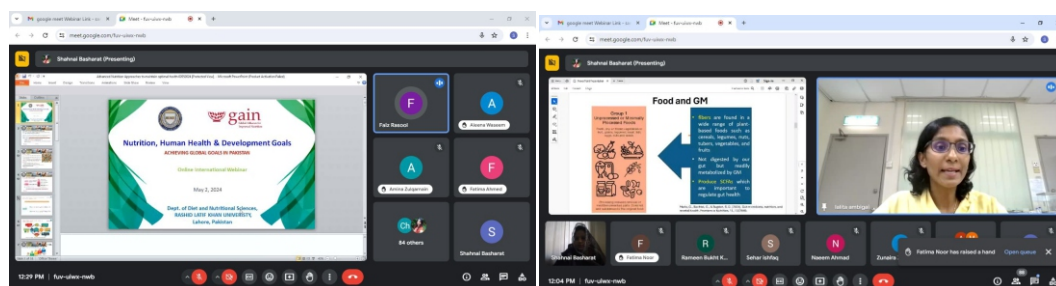


# Department of Nutrition

## International webinar (2nd May, 2024)

Department of Diet and Nutritional Sciences, Faculty of Allied Health Sciences Rashid Latif Khan University, organized an International webinar "Impact of Nutrition on Human Health and Prosperity in the light of Sustainable Development Goals" on 2nd May, 2024.

Prof. Dr. Shahnai Basharat, HOD Department of Diet and Nutritional Sciences has started the event by welcome the honorable speakers, faculty and students. She emphasized the purpose of this webinar was to empower participants regarding the pivotal role of advanced nutrition approaches in maintaining optimal health as improved nutrition is the second main Key point of SDGs. This webinar will help to promote collaborations among both organizations.





# RLKU Medical College (RLKUMC)

## World Thalassemia Day (7th May, 2024)

On May 7th, 2024, Rashid Latif University Medical College marked World Thalassemia Day to raise awareness and educate about thalassemia: a silent genetic disorder that has a profound impact on individuals and families of those affected by it. This event was organized by Physiology Department under the supervision of Prof Faheem Mahmood in collaboration with RLKUMC Dramatics Society, Life at RLKUMC and IFMSA-Pakistan RLKUMC Lahore Chapter.

The day was graced by the presence of esteemed chief guests, Dr. Saima Farhan and Mr. Haseeb Khan, whose contributions significantly enriched the proceedings. Dr. Saima Farhan shed light on the importance of preventive measures for thalassemia. Following this, the students of Rashid Latif University Medical College presented an awareness play about thalassemia. This play, a key highlight of the event, skillfully depicted the need for early testing. The performance was met with great applause and was commented on by Haseeb Khan, who praised the students for their creativity and impactful message.

Additionally, IFMSA RLKUMC conducted a quiz on thalassemia to test the knowledge of students and those that answered correctly were handed tokens of appreciation. As the day drew to a close, participants left with a deeper understanding of thalassemia and a renewed commitment to supporting those affected by it. The success of the World Thalassemia Day event at Rashid Latif University Medical College highlights the college's commitment to fostering medical knowledge and community engagement, making a significant impact on public health awareness.



## Hameed Latif Teaching Hospital (HLTH)

### Free Medical Camp at Ayubia High School Haer Village (8th May, 2024)

Hameed Latif Teaching Hospital organized a free Medical Camp at Ayubia High School Haer Village. More than 208 patients were treated. Free health services (Free medical checkup and medicines) were provided to the underprivileged families of the village.





## Seminar on HPLC Liquid Chromatography (8th May, 2024)

We're thrilled to announce that the much-anticipated seminar on HPLC Liquid Chromatography at Rashid Latif College of Pharmacy was an absolute hit!

Under the expert guidance of Principal (RLCP) Professor Dr. Humayun Riaz, RLCP continues to empower students with practical knowledge and industry insights.

Led by the dynamic Muhammad Jahangir, Plant Manager at a renowned national pharmaceutical company (NovaMed), the seminar was an exhilarating journey through the world of HPLC! From concept clarity to real-world applications, Mr. Jahangir's expertise left everyone inspired and motivated.



# Rashid Latif College of Pharmacy (RLCP)

## Position Holders (10th May, 2024)

Let's hear it for the brilliant minds of Rashid Latif College of Pharmacy!

We're thrilled to announce that our outstanding students of 4th Prof. have secured top positions among the University of Sargodha affiliated colleges!

Congratulations to all those who soared to new heights in their academic sessions! Your dedication, hard work, and commitment to excellence have truly paid off. We couldn't be prouder of your achievements!

Let's celebrate this incredible milestone together and continue to inspire each other to reach for their dreams!

**RASHID LATIF COLLEGE OF PHARMACY**

**AYESHA MAZHAR**  
1st Position  
in University of Sargodha  
678

**POSITIONS HOLDERS**  
University of Sargodha  
4th Year Professional



**UMMAT-UL-AMEENA**  
3rd Position  
in University of Sargodha  
678



**HIFZA IFTIKHAR**  
4th Position  
in University of Sargodha  
659



**RABIA ARSHAD**  
6th Position  
in University of Sargodha  
642



**AQSA MAQSOOD**  
7th Position  
in University of Sargodha  
678

# CONGRATULATIONS



## Nursing Day (12th May, 2024)

International Nurses Day at Rashid Latif Nursing College .

We were honored to be joined by distinguished guests from various nursing colleges and their principals, who shared their valuable insights and experiences.

Our talented students performed a heartfelt play that captured the essence of nursing: Nurses are truly God's chosen Angels."

A beautiful poetry reading on nursing highlighted the selflessness and dedication of our nursing community.

Our students also showcased their creativity and knowledge through an impressive poster and model presentation, highlighting innovative approaches to healthcare and patient care.

The cake cutting ceremony was a wonderful moment of joy and unity, symbolizing the sweetness and strength of our nursing family.

Thank you to everyone who made this day so special! We're proud to be part of this amazing profession and can't wait to continue making a difference in the lives of others.



## Department of Nutrition

### Participation in nurbano project meeting (13th May, 2024)

Faculty of Allied Health Sciences Principal Ms. Atia-Ur-Rehman and Prof. Dr. Shahnai Basharat Prof/HOD Department of Diet and Nutritional Sciences participated in Consultative Meeting for the Project Nur Bano: Facilitating access to menstrual health management information and services in marginalized communities through Lady Health Worker on Monday, May 13, 2024, from 10:30 a.m. at Falettis Hotel, Emerald Hall, Lahore, Pakistan organized by Nur International University. Meeting was chaired by Dr. Tasleem Akhtar (Sitar-e-Imtiaz holder). NUR Bano project theme is to about a lady of light is empowered, well informed, resilient and is courageous enough to practice her rights. The project aims to strengthen Lady Health workers and train them to be the agent of change to destigmatize physical and emotional changes during adolescence.





## Rashid Latif Department of Professional Psychology (RLDPP)

### RLDPP Webinar on “Basics of Islamic Psychology” (14th May, 2024)

On May 14, 2024, the Rashid Latif Department of Professional Psychology (RLDPP) hosted an International Webinar on "Islamic Psychology" featuring Prof. Dr. Goolam Hussein, a World Renowned Figure in Islamic Psychology based in UK and Australia. Prof. Dr. Nashi Khan opened the session, highlighting the importance of Islamic Teachings in Clinical Psychology. The event focused on Integrating Islamic values with Modern Psychology and was well-attended by Clinical Psychology Students and Senior Faculty Members, including Prof. Dr. Sadia Qureshi, Prof. Iftikhar Ahmed Tarar, and Ms. Uzma Dogar.. The Webinar concluded with an engaging Q &A Session, reflecting the Students' keen interest in the topic.



## Rashid Latif Department of Medical Education (DME)

### Workshop on “Exploring the Depths A workshop on Qualitative Research Methodologies” (15th May, 2024)

We're thrilled to announce that our workshop, "Exploring the Depths: A Workshop on Qualitative Research Methodologies," was successfully conducted on May 15th, 2024.

Hosted by the Research Cell of RLMC in collaboration with the Medical Education Department, Prof. Sadia Qureshi, Director of the Research Cell, and Dr. Kainat Javed led participants through an insightful exploration of qualitative research techniques.



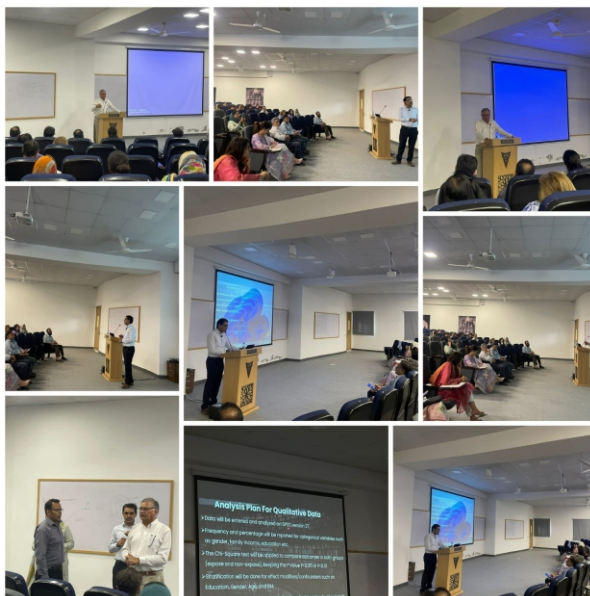


## Workshop on Research Methodology (15th May, 2024)

It is our pleasure to share the successful conduction of a workshop on Research Methodology 15th and 16th May 2024 facilitated by Professor Jamil in collaboration with Research Advisory Committee.

Research provides a platform for learning, collaboration, and professional growth and research methodology workshops play a valuable role in fostering a culture of research excellence and innovation. There were a diverse group of participants of Basic and Clinical Sciences.

Prof Arif Siddiqui (Principal RLKUMC) and Prof. Faheem Mahmood (Vice Principal RLKUMC) gave concluding remarks and appreciated the efforts of DME and RAC.



## Department of Nutrition

### news for seminar (16th May, 2024)

It is our pleasure to share the successful conduction of a workshop on Research Methodology 15th and 16th May 2024 facilitated by Professor Jamil in collaboration with Research Advisory Committee.

Research provides a platform for learning, collaboration, and professional growth and research methodology workshops play a valuable role in fostering a culture of research excellence and innovation. There were a diverse group of participants of Basic and Clinical Sciences.

Prof Arif Siddiqui (Principal RLKUMC) and Prof. Faheem Mahmood (Vice Principal RLKUMC) gave concluding remarks and appreciated the efforts of DME and RAC.





# Rashid Latif Department of Medical Education (DME)

## Journal Club By Department of Physiology (17th May, 2024)

Physiology Department of RLKC recently hosted a journal club session led by Prof. Mudassar Ali (HOD) The session attracted a diverse audience, including faculty members from the Department of Medicine, Forensic Medicine, Medical education, Biochemistry & final year MBBS students.

Dr. Shazia Sukhera (Associate Professor) presented her research on "Evaluation of miRNA 34a Expression & its Relationship to Molecular Subclassification with Androgen Receptor Status in the Prognosis of Breast Cancer Patients of Pakistan."

The engaging discussion sparked by Dr. Shazia's presentation not only deepened the understanding of breast cancer pathology but also highlighted the importance of interdisciplinary collaboration in advancing medical research. The session concluded with a thoughtful Q&A, fostering interdisciplinary dialogue & highlighting the importance of such academic activities in advancing medical research. Prof. Mudassar Ali praised Dr. Shazia for her insightful presentation & encouraged continued research & collaboration within the department.



## RLKU Medical College (RLKUMC)

### World Hypertension Day (17th May, 2024)

World Hypertension Day was celebrated on the 17th May, 2024. The occasion was attended by faculty and students of RLKU Medical College. It was co hosted by (ISFA) chapter of RLKU Medical College. It was designed as a question answer session where frequently ask question about hypertension by the lay people were poised to a panel of expert. The panel of expert included Prof. Arif Mahmood Siddiqui Principal, Prof. Raja Yasser Shahbaz, Prof. of Medicine and Dr. Zubair Ashraf (Cardiologist). The panel discussion was made very interesting be an active participation of the audience. The event thoroughly served the purpose of creating awareness about hypertension in the audience.





# Hameed Latif Teaching Hospital (HLTH)

## Training Session on “SOPs for Urine Sample Collection” (17th May, 2024)

A training session on SOPs for urine sample collection was held in the hospital conference room at 11:00AM on 17th May 2024. HOD Pathology chaired the training session and the whole lab staff participated in this session. Dr. Mariam Danish Iqbal (Associate Professor Microbiology) was the speaker.



# Rashid Latif Institute of Allied Health Sciences (RLIAHS)

## Link Medical 1st International Conference 2024 (19th May, 2024)

Faculty of Allied Health Sciences has actively participated in Link Medical 1st International Conference 2024 held on 19-05-2024. Ms. Atia ur Rehman (Principal FAHS) and Prof. Dr. Shehnai Basharat (HOD, DDNS) were the key note speakers in the conference. Ten faculty members from all departments of FAHS had the honor of presenting scientific research papers in the conference. This conference was a great platform for bringing leading experts, researchers and practitioners in the field of Allied Health Sciences.



# Department of Nutrition

## Participation in international conference as keynote speaker (19th May, 2024)

Prof. Dr. Shahnai Basharat, Prof/HOD Department of Diet and Nutritional Sciences, Faculty of Allied Health Sciences represent Rashid Latif Khan University on International Conference platform. She has the prevailed to attend an International Conference as Keynote Speaker on “Integrated Care for Chronic Conditions” organized by Link Medical Institute, Lahore and Journal of Health and Rehabilitation Research. The conference was organized on 19th May, 2024. She was talked about the “Influence of TUFFA (LEPIDIUM SATIVUM) seed supplementation to conventional treatment and its effect on Bone Mineral Density and Pain Intensity among Osteoporotic Females” by emphasized the pivotal role of nutrition in management of health and quality of life. The two faculty members of Department of Diet and Nutritional Sciences presented their research abstracts and 10 students of department actively participated in the International Conference.





## Participation in international webinar (21st May, 2024)

Department of Diet and Nutritional Sciences, FAHS, Rashid Latif Khan University actively participated in the International Webinar on "Harmonisation of Salt Reduction and Salt Iodisation Programs" organized by South Asian Region; Iodine Global Network Organization in Collaboration with UNICEF and WHO on 21st May, 2024. UNICEF, WHO and Iodine Global Network members emphasized the programme focus areas for salt/sodium reduction in the healthy diet promotion.

**IODINE** global network | **unicef** for every child

**WEBINAR**  
**HARMONISATION OF SALT REDUCTION AND SALT IODISATION PROGRAMMES**

1.00PM IST/ DELHI  
TUESDAY  
21 MAY 2024  
via ZOOM

**REGISTER HERE**  
<https://tinyurl.com/IGNSalt24>

**SOUTH ASIA REGION**

**ign.org**

**WELCOME ADDRESS**  
Mr Arnold Timmer  
Special Advisor  
Iodine Global Network

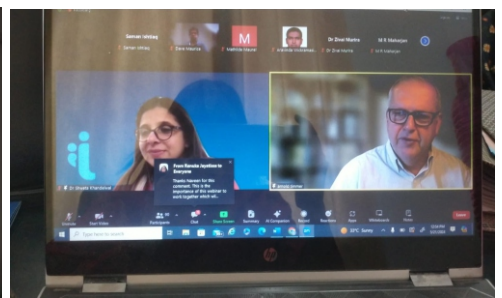
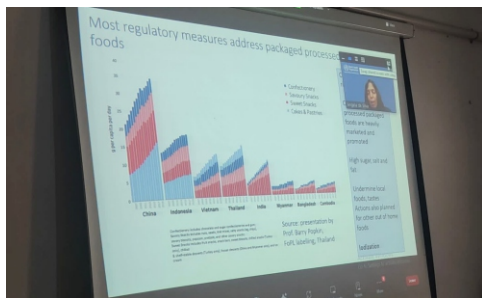
**OPENING REMARKS**  
Dr Ramika Jayatilaka  
IGN Regional Coordinator  
South Asia

**POLICY APPROACHES FOR HARMONISING SALT REDUCTION INITIATIVES**  
Dr Sheeta Khandaleal  
Special Advisor - Nutrition  
Bangladesh

**OVERVIEW OF REGIONAL SALT REDUCTION INITIATIVES**  
Dr Angela De Silva  
Regional Advisor  
WHO SEARO

**SUCCESSFUL SALT REDUCTION PROGRAMME IN SRI LANKA**  
Dr Aravinda  
Microbiologist  
Consultant Community Physician  
Pharmaco Sri Lanka

**COMMENTARY**  
Dr Zivul Munira  
Regional Nutrition Advisor  
UNICEF SOUTH ASIA



## Hameed Latif Teaching Hospital (HLTH)

### Training Session on “Musculoskeletal Assessment” (22nd May, 2024)

A training session on Musculoskeletal Assessment was held at a hospital conference. All Senior Registrars, Senior Medical Officers & Medical Officers participated in this session. Prof. Rana Dilawaiz Nadeem (Prof of Orthopedics) was the speaker.





# Rashid Latif Medical College (RLMC)

## Field visit to NovaMed (22nd May, 2024)

On Wednesday, May 22nd, 2024 the Faculty of Physical and Biological Sciences under the supervision Prof. Dr. Sadia Qureshi (Dean FPBS) organized a .. new for BS Biochemistry and Biotechnology students. The visit aimed to enhance their academic knowledge through real-world experiences. Students were briefed on production protocols and instruments, gaining exposure to cutting-edge technologies, insights into manufacturing processes, understanding of drug development, and regulatory compliance and quality standards.



## Department of Nutrition

### Webinar zero hunger (23rd May, 2024)

Department of Diet and Nutritional Sciences, Faculty of Allied Health Sciences, Rashid Latif Khan University organized an International Webinar on "World Hunger Day"; Thriving Mothers Thriving World; focuses on the tie between a mother's nutrition and her child's potential" on 23rd May, 2024. The Keynote speaker Dr. Renuka Jayatissa Vice Chancellor and Head Faculty of Food and Nutrition, International Institute of Health Sciences Medical Research Institute, Ministry of Health, Colombo, President, Association of SAARC FOODS and South Asia Regional Coordinator, Iodine Global Network with Research Interest Score 621.2, H index 15. She emphasized the second key goal of sustainable development goals "Zero Hunger" by creating awareness regarding vulnerable communities suffering from hunger. Around the world, women and children are facing malnutrition due to war, famine, climate change and more. Over 1 billion adolescent girls and women suffer from malnutrition today. The effects are passed down from mother to child. Malnourished mothers give birth to malnourished babies. These children suffer irreversible impacts on their brain development, health and futures.





# Rashid Latif Department of Medical Education (DME)

## CPC By Department of Medicine-1 and ENT (24th May, 2024)

The Department of Medicine, in collaboration with the Pathology Department presented an interesting case of chronic diarrhea of a young girl which was thoroughly investigated for common causes and all turned out to be negative. Her history of recurrent infections, pulmonary tuberculosis and thrush on examination led to the suspicion of HIV for which she was tested and came out to be positive. She was thus diagnosed with HIV Enteropathy.

Additionally, the Department of ENT presented a rare case of nasal swelling.



# Hameed Latif Teaching Hospital (HLTH)

## International Nurses Day (25th May, 2024)

Hameed Latif Teaching Hospital celebrated International Nurses Day 2024. Event was chaired by the Medical Director Brig (R) Dr. Haroon Rashid SI(M). Tablo related to nursing efforts and work presented by all nursing and paramedical staff of the hospital. Certificates distributed among all best performers of the nursing department.





## NAPCON-1st Biennial International Conference of Health Professionals (25th May, 2024)

Ms. Atia ur Rehman, Principal FAHS, conducted a pre conference workshop on “Aural Insights: Exploring the world of hearing impairment” in NAPCON-1st Biennial International Conference of Health Professionals. This workshop was conducted at Gulab Devi Teaching Hospital, Lahore.



## RLKU Medical College (RLKUMC)

### 7th FLSRG (27th May, 2024)

7th monthly meeting of fatty liver Study and Research group.

The meeting was held on 27th May, 2024, Monday at 1.00 pm. The meeting was attended by Prof. Dr. Arif Siddiqui (Chairperson), Prof. Shahnaz Akhtar (HOD Pharmacology), Dr. Naureen (DME), Prof. Dr. Raja Yasser Shahbaz (Prof. of Medicine), Dr. Umer Saeed Ansari (Associate Prof. Biochemistry), Dr. Asif Hussain (AP Medicine), Dr. Samrat Habib (M.O Dermatology), Dr. Farzana Faiz (HOD/AP Dermatology), Dr. Momina Qadir (SR Medicine), Dr. Zoofishan Imran (Secretary), Faculty and PG trainees from HLTH.

Dr. Umer gave presentation about genetic links to NAFLD targeted gene sequencing & lab testing. He also talked about micro RNA122 and options for further research options. Prof. Arif Siddiqui talked about the need of fibro scan and costing for this research proposal. Dr. Samrat also presented her data on KAP for AI in health professionals and also presented her research proposal on evaluating AI accuracy in dermatological diagnosis. Research proposal on HBA1C correlation with PAD was presented by Dr. Areeba.

A research proposal on association between serum uric acid level and NAFLD was presented by Dr. Fatima. Dr. Aqsa presented her title/topic for research related to pancytopenia. She was asked to present her research proposal in the next meeting. Dr. Salman and Dr. Khansa were also asked by the Principal to present their proposal/topic/synopsis in the next meeting. In the end, Prof Arif Siddiqui encouraged all the PG trainees to do research and come up with their topic / research title in the forthcoming meeting.





## International workshop on Neurosonology at Green International University Lahore (28th May, 2024)

Faculty and students of Department of Medical Imaging Technology actively participated in “International workshop on Neurosonology” at Green International University Lahore. Prof. Dr. Syed Amir Gilani, Rector Green International University and Prof. Dr. Med Fabienne Perren, President of World Federation of Neurosonology shared their deep insights, knowledge and expertise to the participants.

The workshop aimed to equip participants with practical skills and in-depth knowledge of the latest neurosonology techniques and applications.



## Rashid Latif Department of Medical Education (DME)

### Thalassemia Day (29th May, 2024)

Rashid Latif Medical College recently organized a comprehensive event aimed at raising awareness about Thalassemia, a genetic blood disorder & promoting voluntary blood donation.

The event was marked by a series of engaging activities like blood donation drive, videography & role play designed to inform & inspire the audience. Esteemed speaker Saira Moin graced the occasion with her expertise.

RLMC extends its heartfelt gratitude to all participants, collaborators, organizers & supporters who contributed to the success of this impactful Thalassemia awareness campaign & blood donation drive. By working together, we can continue to educate, advocate & ultimately make a difference in the lives of those affected by Thalassemia & blood disorders.





## Participation as the Panel Chair at FCCU International Psychology Conference (30th May, 2024)

On May 30, 2024, Prof. Dr. Nashi Khan represented RLKU as Panel Chair at the FCCU International Psychology Conference, organized by the Department of Psychology at Forman Christian College University (FCCU). This International Conference centered around the Theme "Innovative Futuristic and Ethical Practices in Psychology." This Theme underscored the Importance of Advancing Psychological Practices through Innovative Methods while maintaining High Ethical Standards. Prof. Dr. Nashi Khan's as Panel Chair highlighted on the Malpractices, need for Licensing and Legislation Body for the Psychologists & Clinical Psychologists. This Mega International Conference brought together Scholars, Practitioners, and Students to explore and Discuss emerging Trends and Ethical Challenges in the evolving Landscape of Psychology.



## RLDPP Webinar on “Why Research is Important” (30th May, 2024)

The Rashid Latif Department of Professional Psychology (RLDPP) at RLKU organized a National Webinar on "Why Research is Important?" The event featured Prof. Dr. Shabbir Rana, a Distinguished Researcher and Academician with a PhD and Post Doc from the UK and USA, currently serving as Director of the Psychology Department at IAC, Lahore. Prof. Dr. Shabbir, Author of three International Books and over 200 Research Publications, enlightened RLDPP Students on the Significance of Research in Psychology and other fields. This Webinar was held as part of “Mental Health Awareness Month” on May 30th. The webinar was made successful through the efforts of Prof. Dr. Nashi Khan, Ms. Mahrukh Mumtaz & RLDPP entire Team.





## Rashid Latif Department of Professional Psychology (RLDPP)

### RLDPP One Day “Mental Health Awareness Camp” (31st May, 2024)

Students of Rashid Latif Department of Professional Psychology organized “One Day Mental Health Awareness Camp” In Arif Memorial Teaching Hospital, supervised by Ms. Mahrukh Mumtaz and Prof. Dr. Nashi Khan. The camp included Distribution of Awareness Flyers about Psychological Problems and Psychological Testing Information Desk. It gained the attention of Patients and their Attendants that promoted Awareness among the General Population coming to AMTH.

The activity Highlighted the Importance of Mental Health and its Awareness. Prof. Dr. Nashi Khan appreciated the cooperation of Dr. Babar Watoo and efforts of RLDPP Team.



## Rashid Latif Department of Medical Education (DME)

### Journal Club By Community Medicine (31st May, 2024)

The Community Medicine Department of RLMC recently organized an insightful journal club session, led by the esteemed Prof. Maaz Ahmad, the Head of Department. This event drew a diverse audience, including faculty members from the Departments of Medicine, Forensic Medicine, Medical Education, and ENT, fostering an enriching interdisciplinary dialogue.

Dr. Saarim Arif captivated the attendees with his compelling presentation on "Psycho-Social Determinants of Acne in the Rural Community of Lahore." His research shed light on the multifaceted factors influencing acne, emphasizing the unique challenges faced by rural populations. The discussion that followed highlighted the significance of understanding psycho-social elements in addressing common health issues and underscored the importance of community-oriented research.

The session not only provided a platform for knowledge exchange but also strengthened the collaborative spirit among the various departments, enhancing the overall academic environment at RLMC. Prof. Maaz Ahmad commended Dr. Saarim Arif for his valuable contribution and encouraged continued interdisciplinary collaboration to advance medical research and education.





# RLKU Medical College (RLKUMC)

## 7th Inspirational Speaker Program (31st May, 2024)

Dr Saeed Akhtar was the inspirational speaker. Dr Saeed Akhtar is currently chairman board of management at PKLI and renal transplant surgeon. He had an hour-long interaction with the faculty where the emphasis of discussion was quality medical education. Later he spoke to the medical students. His talk was very informative and inspirational. He received a spontaneous round of applause at the end.

Earlier Ms. Sabahat Khan also met him and had a good exchange of ideas regarding medical education and hospital services. The program was yet another success story of RLKUMC.



# Rashid Latif Medical College (RLMC)

## Library Day

Library & Information Resource Centre (LIRC) in collaboration with Faculty of Physical Biological Science, Rashid Latif Khan University (RLKU) organised Library Day. The theme was "Promote Reading Culture Among the Students" A competition of Book review english & urdu categories and awareness walk related to "Reading Habit" arranged. Chief Guest was Ms Zuleikha Khan Director Marketing RLKU, Guest Speaker was Mr. Omer Saleem Chairman Draken School, Speakers ,Prof.Dr. Khalid Khan Registrar RLKU, Prof. Dr. Sadia Qureshi Dean Physical & Biological Science Department RLKU, Prof. Dr. Nashi Khan Director Academics RLKU, Prof. Dr. Humayun Principal RLCP, Prof. Dr. Noman HOD Management Department shared views & highlighted the importance of reading.

At the end of the session Ms Zuleikha Khan & Mr. Omer Saleem distributed the prizes & certificates among the students. M.Umer (LLB Department) & Sidra Ishaq (Biotechnology Department) clinched the first position, 2nd Position grabbed by Zanish (LLB Department) & Farhat (English Department), Ashva (Psychology Department) and Sana (Biotechnology Department) were on 3rd position in book review competition.





## Hameed Latif Teaching Hospital (HLTH)

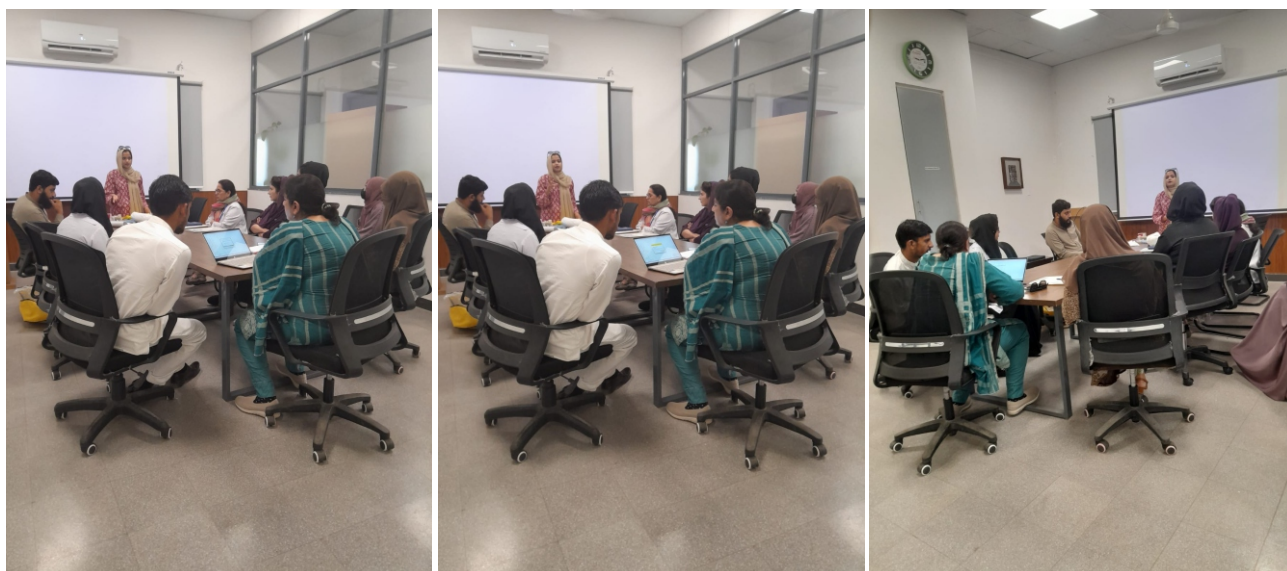
### Establishment of SLP, Nutrition & Physiotherapy Clinics (31st May, 2024)

Speech & Language Pathology, Nutrition & Dietetics and Physiotherapy clinics have been established in Hameed Latif Teaching Hospital. Dr. Sadaf Hameed - Speech & Language Therapist (Tuesday & Wednesday), Ms. Rameen Bukht Khan - Nutritionist (Thursday & Friday) and Mr. Naseer Ahmed Physiotherapist (Monday to Saturday) will perform OPD duties.

## Hameed Latif Teaching Hospital (HLTH)

### Training Session on “Spill Management” (31st May, 2024)

A training session on Spill Management was held in the hospital conference room on 31st May 2024. Dr. Hira Tariq (Assistant Professor Microbiology) was the speaker. HOD Pathology chaired the training session and the whole lab staff participated in this session.



## Rashid Latif Khan University (RLKU)

### 1st Anniversary RLKU

Rashid Latif Khan University celebrated its 1st anniversary with a cake-cutting ceremony on Monday. Madam Sabahat Khan, the CEO of the university, was the one who cut the cake. The ceremony was attended by the Board of Governors, Madam Zuleikha Khan, Prof. Dr. Farrukh Zaman, Prof. Dr. M. Khalid Khan (Registrar), Prof. Dr. Nashi Khan (Director Academics), Prof. Dr. Tahir Masood (Principal RLMC), heads of departments, faculty members, and a significant number of management staff.

