

NEWSLETTER

June-2024



RASHID LATIF KHAN
UNIVERSITY



RASHID LATIF
MEDICAL COMPLEX



HAMEED LATIF
TEACHING HOSPITAL



RLKU
MEDICAL COLLEGE



ARIF MEMORIAL
TEACHING HOSPITAL

Rashid Latif College of Pharmacy (RLCP)

Visit to Pharmacy Council (1st June, 2024)

We are pleased to share that Principal Rashid Latif College of Pharmacy visited the Pharmacy Council of Pakistan. During this significant meeting, he had the privilege of discussing crucial matters with the Secretary of the Council.



Rashid Latif Department of Medical Education (DME)

Hands on Training Workshop (6th June, 2024)

The Pathology Department organized a hands-on training workshop on basic lab skills. This four-day workshop was designed for paramedic staff, lab assistants/ lab attendants, lab technicians, and all healthcare workers.

The Principal, Vice Principal & Medical Director extended their congratulations to Organizers for arranging such an important skillful workshop.



Department of Biochemistry

Biochemistry Day (11th June, 2024)

An incredible Biochemistry Day at the Biochemistry department organized by Prof. Dr. Sadia Qureshi and her team, filled with creativity, learning, and a lot of fun, celebrated on 11 June 2024. Our talented students went above and beyond to make the day memorable. Students showcased their knowledge and creativity through fantastic posters, detailed charts, and intricate models that highlighted various biochemical processes and innovations. The dedication and hard work were truly inspiring! The day was made even more engaging with interactive biochemistry-themed games and role plays. Students took on different biochemical roles, making learning both fun and immersive for our guests.

Our very own biochemistry-themed cafe was a hit. Students turned into chefs and presented a variety of homemade bakery items, impressing everyone with their culinary skills and creativity. It was a delightful experience to see science and art come together in such a unique way. Enthusiasm and passion for biochemistry were evident in every activity exhibited by students. The event was graced by Ms. Zuleikha Khan, Prof Dr. Tahir Masood Ahmad, Prof Dr. Mudassar Ali , Prof Dr. Nashi Khan, Dr, Muhammad Khalid Khan and many other valuable guests.



Rashid Latif Department of Medical Education (DME)

World Blood Donor Day (14th June, 2024)

The Patient Welfare Club of Rashid Latif Medical College, in collaboration with the Sundar Foundation, celebrated World Blood Donor Day on Friday, 14th June 2024. During this event, all employees and students of Rashid Latif Medical Complex participated by donating blood to help save the lives of children suffering from thalassemia.



Rashid Latif Department of Medical Education (DME)

CPC by Department of Gynae (14th April, 2024)

The Department of Gynecology and Obstetrics II presented a case of Ovarian Torsion in a 66-year-old female. The presentation included a comprehensive overview of the patient's detailed history, clinical examinations, diagnostic investigations, surgical management, as well as the gross and microscopic pathological findings.

Additionally, the Department of Dermatology presented a case of Lymphangioma Circumscriptum in a 21-year-old male. The presentation covered the patient's detailed history, identified risk factors, diagnostic investigations, and the management plan.

The session was concluded with a question and answer segment and closing remarks by Professor Abul Fazal and Professor Sarfaraz. The proceedings then came to an end.



Rashid Latif College of Pharmacy (RLCP)

Visit to CPHI Shanghai 2024 (19th June, 2024)

We are delighted to share that Principal Rashid Latif College of Pharmacy actively participated in the CPHI (China Pharmaceutical Ingredients) exhibition held in Shanghai from June 19th to 21st, 2024. During this prestigious event, he engaged with Educationists, industry leaders, explored cutting-edge technologies, and fostered collaborations.



Rashid Latif Department of Medical Education (DME)

Journal Club by Department of Biochemistry (21st June, 2024)

Insightful Journal Club session conducted by the Biochemistry Department! Dr. Shama Akram presented her research on 'The Role of TNF α (-308 G/A) Polymorphism in Bipolar Disorder and its Relationship with Clinical and Demographic Variables.' The session drew an interdisciplinary audience and concluded with Prof. Dr. Sadia Qureshi's thoughtful remarks, followed by an engaging Q&A.



Rashid Latif Department of Medical Education (DME)

AI Workshop on Transforming Research (24th June, 2024)

The Department of Medical Education organized an "AI Workshop on Transforming Research," facilitated by Dr. Kainat Javed, Director of the Medical Education Department. This innovative workshop provided hands-on training on multiple AI platforms. Dr. Kainat thoroughly explained the use of these platforms and their potential to enhance medical research, ensuring that participants were fully engaged. The workshop saw active participation from both basic and clinical departments. It was a highly fruitful event, and we look forward to more such endeavors in the future.



PGGA's First Batch in Training "Stay Safe" for RLKU (24th June, 2024)

Prof. Dr. Nashi Khan, Dean FSS, Director RLDPP, Prof. Dr. Sadia Qureshi, Dean FBPS, HOD Biochemistry, Ms. Mahrukh Mumtaz and RLDPP Team Organized a Four-Day Training Program titled "Stay Safe" in Collaboration with the Pakistan Girl Guide Association (PGGA) for the Female Students of RLKU, which was held from 24th June -27th June 2024. The Opening Day of the Training was attended by the Provincial Commissioner of PGGA Punjab, Mrs. Sarwat Hamid, and the Deputy Provincial Commissioner of PGGA Punjab, Mrs. Nadeema Zafar. This was the first batch from RLKU to benefit from the PGGA Training. The Program covered Comprehensive and Diversified Topics and included activities on Staying Safe which is much need of the day. The Training Session was Concluded and Certificates were distributed by Chief Guest, Ms. Zulaikha Khan, Director Marketing, RLKU to the Trainers and Faculty Members.



Department of Nutrition

Significance of Halal Food Certification (25th June, 2024)

Department of Diet and Nutritional Sciences, Rashid Latif Khan University organized One Day Hands on Training Workshop on "Significance of Halal Food Certification & Halal Food Safety Assurance, Challenges of Halal Food Industry" on 25th June, 2024 at 11:00 to 2:00 Pm in Rashid Latif Khan University. The event was organized in collaboration with the Center for Halal Assurance. Mufti Muhammad Mauz Ashraf , CEO Center for Halal Assurance was the keynote speaker. He highlighted the importance of Halal Food Assurance. In today's globalized world, the demand for Halal-Certified products has surged, underscoring the vital role of Halal certification in ensuring food safety and quality for consumers following Islamic dietary laws. This session helped to explore the significance of Halal certification, addressing critical issues within the food industry and the unique challenges faced by the Halal sector. Additionally, the workshop also highlights how Food Science & Nutrition professionals advance Halal practices through innovation, research, and strict adherence to standards, ultimately fostering the growth and credibility of the Halal market.



Rashid Latif Department of Medical Education (DME)

Thalassemia Day (25th June, 2024)

Rashid Latif Medical College recently organized a comprehensive event aimed at raising awareness about Thalassemia, a genetic blood disorder & promoting voluntary blood donation.

The event was marked by a series of engaging activities like blood donation drive, videography & role play designed to inform & inspire the audience. Esteemed speaker Saira Moin graced the occasion with her expertise.

RLMC extends its heartfelt gratitude to all participants, collaborators, organizers & supporters who contributed to the success of this impactful Thalassemia awareness campaign & blood donation drive. By working together, we can continue to educate, advocate & ultimately make a difference in the lives of those affected by Thalassemia & blood disorders.



Arif Memorial Teaching Hospital (AMTH)

Training Session (26th June, 2024)

Both proper patient positioning and minimizing movement are essential for safe and accurate X-ray. Another training session was held by our own radiology department under supervision of Dr. Ali, for staff, and Doctors on patient shifting on X-ray table.

Trainings equip employees with the knowledge and skills necessary to perform their jobs effectively. Helps In boosting confidence and motivation along with career development and for this purpose Arif memorial teaching Hospital administration make sure, to provide training sessions on regular basis to ensure enhanced quality and patient satisfaction by reducing errors and improve safety. Special Thanks to Dr. Babar Orangaiba Wattoo for his commendable efforts in making this Hospital a successful project.



Rmis National Annual Research Conference (26th June, 2024)

RLMC Shines at Rehman Medical Institute Peshawar in RMI's National Annual Research Conference. We are thrilled to announce that our 3rd year MBBS students have secured 2nd position in the research drill session.

RLMC got great recognition & everyone played an amazing role at the conference. Really proud of everyone's contribution & dedication.



Arif Memorial Teaching Hospital (AMTH)

Training Session on Patient Care (27th June, 2024)

A training session held for Doctors, Nurses, Paramedics, on "patient Care" at Arif Memorial Teaching Hospital conducted by Dr. Babar Orangaib Wattoo Medical Director. High-quality patient care directly translates to better results for patients. We make patients feel heard, respected and more likely to be satisfied with their experience leading to better adherence to treatment plan and overall improved health.



Rashid Latif Department of Medical Education (DME)

TBL 3rd Year Pathology Department (27th June, 2024)

Team based learning was held in the Department of Pathology on 27th June' 2024.

TBL provides an innovative approach to student-centred learning, supporting the flipped classroom method of healthcare education. The in-class TBL activity offered an interactive, expert led teaching session that allowed a large number of students to work within small teams to apply content to specific problems.

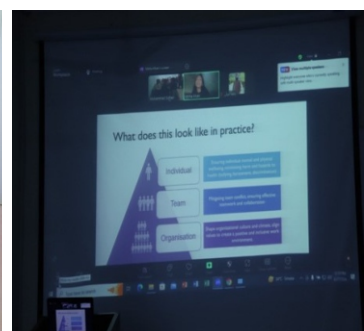
At the end of activity feedback from students was taken which was very positive and encouraging.



Rashid Latif Department of Medical Education (DME)

RLDPP Webinar on "Introduction to Organizational Psychology" (27th June, 2024)

The Rashid Latif Department of Professional Psychology (RLDPP) at RLKU Organized an International Webinar on "Introduction to Organizational Psychology" for the Students of Rashid Latif Department of Professional Psychology (RLDPP), and Rashid Latif School of Business (RLSB) on 27th June'2024 The event featured Ms. Mirha Khan, Organizational and Provincial Psychologist, School of Psychological Science, University of Western Australia (UWA), Perth, Australia. She discussed the Latest Research and Trends in Organizational Psychology, offering Students a Global Perspective on the field. She highlighted the Importance of Understanding Human Behavior in Organizational settings and how this knowledge can be used to improve Employee Well-Being and Organizational Performance. Prof. Dr. Nashi Khan, Director, RLDPP was the Chief Organizer & Dr. Nauman Zaheer, HOD, RLSB was the Co-Organizer in this Webinar. This International Webinar was very well attended by RLDPP & RLSB Students and Faculty.



Rashid Latif Music Society (RLMS)

Music Gala 2024 (27th June, 2024)

Rashid Latif Music Society organized a Music Gala 2024 at Rashid Latif Medical Complex. Our Talented students rocked the stage and blew us away with their performances. Relive the memories with us and congratulations again to all the performers!



Rashid Latif Department of Medical Education (DME)

Journal Club by Physiology Department (27th June, 2024)

Physiology Department of RLMC recently hosted a journal club session led by Prof. Mudassar Ali (HOD). The session attracted a diverse audience, including faculty members from the Department of Medicine, Forensic Medicine, Medical education, Biochemistry & final year MBBS students.

Dr. Shazia Sukhera (Associate Professor) presented her research on "Evaluation of miRNA 34a Expression & its Relationship to Molecular Subclassification with Androgen Receptor Status in the Prognosis of Breast Cancer Patients of Pakistan."

The engaging discussion sparked by Dr. Shazia's presentation not only deepened the understanding of breast cancer pathology but also highlighted the importance of interdisciplinary collaboration in advancing medical research. The session concluded with a thoughtful Q&A, fostering interdisciplinary dialogue & highlighting the importance of such academic activities in advancing medical research. Prof. Mudassar Ali praised Dr. Shazia for her insightful presentation & encouraged continued research & collaboration within the department.



Rashid Latif Department of Medical Education (DME)

CPC by Department of Medicine-II and Paediatrics (28th June, 2024)

The Department of Medicine II presented a compelling case of a young girl experiencing shortness of breath and cough, followed by hemoptysis. After a thorough history, clinical examinations, and investigations, the patient was diagnosed with Goodpasture's Syndrome. The presentation was well-articulated and interactive, successfully engaging the audience throughout.

Additionally, the Department of Pediatrics presented two cases of Neurocutaneous Syndromes. The first case involved a 3.5-year-old female patient who, after comprehensive examination and investigation, was diagnosed with Neurofibromatosis. The second case was of an 8-month-old baby diagnosed with Tuberous Sclerosis. Both cases significantly enriched the participants' knowledge.

The question-and-answer session was expertly facilitated by Prof. Abul Fazal, Prof. Anjum Rashid Butt, and Prof. Muhammad Anwar. The proceedings concluded with a high level of satisfaction among the attendees.



Cell Blood Physiology Powerpoint Poster Presentation (28th June, 2024)

Physiology Department of Rashid Latif Medical College organized a PowerPoint presentation competition among first-year MBBS students under the supervision of Prof. Mudassar Ali (HOD Physiology). Ten groups participated & following evaluation by esteemed judges Prof. Mehr un Nisa (HOD Physiology from CPMC) & Prof. Faheem Mahmood (HOD Physiology from RLKUMC) two groups were selected. Winning group, under the guidance of Dr. Sumbal Khalid presented on bleeding disorders, while the runner-up, mentored by Dr. Tashfeen Ikram focused on the topic of hemostasis. Cash prizes & Certificates were awarded to the winners & runner-up. Prof. Tahir Masood (Principal RLMC) & Mrs. Zuleikha Khan (Director RLK Associates) graced the occasion with their presence & aimed to foster academic excellence and presentation skills among future medical practitioners. Mr. Mansoor Ahmed (CFO) Prof. Farzana Amjad, Prof. Sadia Qureshi, Prof. Sofia Khan, Prof. Fahim ul Haq, Dr. Kainat Javed & other faculty members from different departments appreciated the efforts of students as well as efforts of faculty of Physiology department.



Rashid Latif Department of Professional Psychology (RLDPP)

Session Conducted in "Youth Leadership Program" (30th June, 2024)

Ms. Mahrukh Mumtaz and Ms. Aqsa Bukhari from Department of Professional Psychology (RLDPP), Conducted a Session about "General Mental Wellbeing" as a part of Youth Leadership Program. Interactive Activities and Discussions were incorporated to engage Participants and encourage them to share their Experiences and Concerns. The Session emphasized the Importance of Seeking Help and Support when needed and provided Information about available Mental Health Resources.



RLKU-Youth Leadership Program (30th June, 2024)

This June, Our University hosted a two-week youth Leadership program under supervision of Ms. Zuleikha Khan. The task was assigned to Ms. Uzma Dogar as Chief organizer. The camp aimed at students from matric, FSc, O-Level & A-Level backgrounds, with the cooperation of all HOD's from academic wing and DMS Dr. Noor from Arif Memorial Teaching Hospital. The program provided an invaluable opportunity for young individuals to engage in various activities designed to foster leadership skills, community awareness and practical knowledge not only in medical but other fields too. Participants engaged in community work projects, had comprehensive first aid training sessions, guided tours of operation theaters and industrial visits, participated in medical camps (indoor & outdoor), had activities with college of pharmacy, DPT, Optometry etc. attended and participated in OPD, Emergency and in lot of other activities.

The two-week Youth Leadership Program was a great success, achieving its goals of equipping young individuals with essential skills and fostering a sense of Leadership and community services.

