

NEWSLETTER

September-2023



**RASHID LATIF KHAN
UNIVERSITY**



**RASHID LATIF
MEDICAL COMPLEX**



**HAMEED LATIF
TEACHING HOSPITAL**



**RLKU
MEDICAL COLLEGE**



**ARIF MEMORIAL
TEACHING HOSPITAL**

Rashid Latif Medical College (RLMC)

Music Festival 23 (2nd Sep 2023)

RLMC Music Society organized Music Festival 2023.



Rashid Latif Medical College (RLMC)

RLMC 13th Anniversary (4th Sep 2023)

Celebration of 13th Anniversary of Rashid Latif Medical College.

Pioneer Faculty members (Prof. Shaukat, Prof. Mudassar & Prof. Sahar) accompanied Mrs. Sabahat Khan & Mrs. Zuleikha Khan in the cake cutting ceremony.

Prof. Humayun Riaz, Mr. Mansoor Ahmad & Dr. Babar Wattoo along with other faculty members also joined the ceremony.



Rashid Latif Medical College (RLMC)

Crafting your digital persona Mastering E portfolio (6th Sep 2023)

Department of Medical Education conducted a workshop "Crafting your digital persona: Mastering E portfolio".

Workshop was facilitated by Dr. Sadia Yaseen & Dr. Fatima Sikander. The objective of workshop was to communicate the importance of Digital Footprint & to prepare the faculty to develop their own e portfolios. We would like to thank Principal Prof. Tahir Masood, Mrs. Zuleikha Khan & Vice Principal Prof. Mudassar Ali for their entrustment & support in conducting this workshop.



Rashid Latif Medical College (RLMC)

Elysium A Dramatic Artscape (13th Sep 2023)

Discover the epitome of creativity at "Elysium: A Dramatic Artscape." From September 13th to 15th, our event, organized by the Rashid Latif Dramatics Society in collaboration with the Rashid Latif Arts and Design Society, featured a multitude of activities.

Day 1 kicked off with intercollegiate competitions, including short games, live arts, e-gaming, and live photography.

Day 2 went intercollegiate with dance, drama, battle of the bands, short films, live arts, and more.

Day 3 concluded with a spectacular concert.

With 19 teams participating, including 10 from medical colleges & 9 from universities, "Elysium" was a resounding success.



Rashid Latif Khan University (RLKU)

Art Competition (18th Sep 2023)

On 18th of September, 2023 Library & Information Resource Centre (LIRC) organized an "Art Competition" Worthy Dr. Muhammad Khalid Khan Pro Vice Chancellor (RLKU) was the Chief Guests and Guests of Honors were Prof. Dr. Mudassar Ali Vice Principal (RLMC), Prof. Dr. Maaz Ahmad and Prof. Dr. Bilqees. As gateways to knowledge and culture, libraries play a fundamental role in society. Art competition offers students an open space to freely express themselves, be more critical about life experiences and connect with family, friends and community.

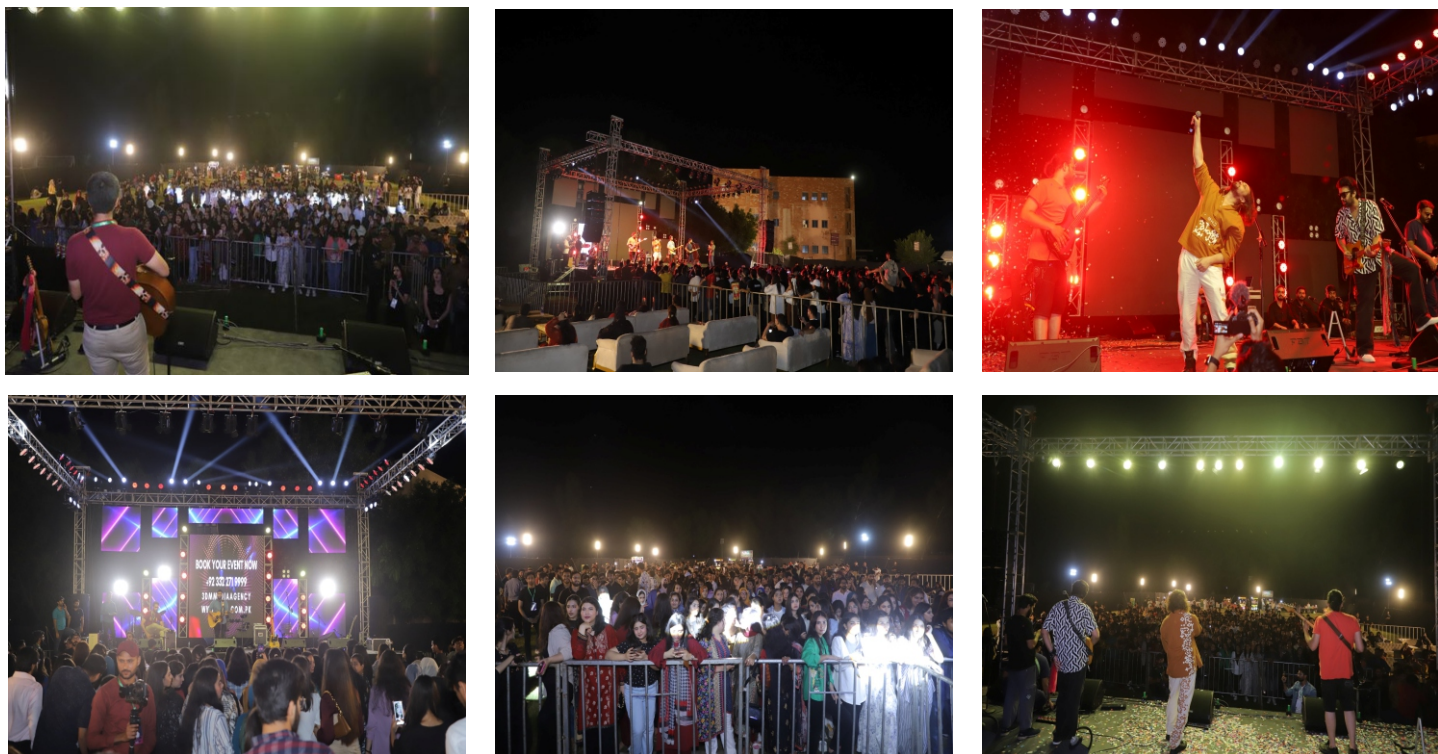
There were two categories live and submission. Bisma Azhar secured 1st Position, Aimen batool got 2nd & Asnia Bukhari secured 3rd position..



Rashid Latif Khan University (RLKU)

Music Ganza (18th Sep 2023)

Rashid Latif Khan University organized its first "Music Ganza" in collaboration with Patient Welfare Club and Rashid Latif Music Society.



Rashid Latif Medical College (RLMC)

Rashid Latif Musical Society! Performance at Ameer ud Din Medical College (19th Sep 2023)

A standing ovation for Rashid Latif Musical Society! Their performance at Ameer ud Din Medical College was nothing short of spectacular. The harmonious melodies and captivating stage presence left the audience in awe. Kudos to the talented members for their exceptional showcase of musical prowess!



Rashid Latif Medical College (RLMC)

7th Annual AJKMC Symposium (20th Sep 2023)

With great pride, we want to announce that our dedicated students from Rashid Latif Medical College have achieved something remarkable at 7th Annual AJKMC Symposium. They have won the Best Presentation Award for their research paper titled "Applications of Artificial Intelligence in Preoperative Planning and Surgical Decision-Making in Orthopedic Surgery - A Systematic Review." The presentation was skillfully delivered by Muhammad Shoaib Asghar, a final-year student.

We would like to extend our heartfelt thanks to Principal Prof. Tahir Masood & Vice Principal Prof. Mudassar Ali for their continuous support & encouragement. Special gratitude goes to Prof. Sadia Qureshi, Director Research Cell & Dr. Sadia Yaseen, Co-Director Research Cell, for their tireless efforts in guiding & nurturing our students.



Rashid Latif Medical College (RLMC)

Thrive with thalassemia (23rd Sep 2023)

Commendable collaborative effort between RLMC students, AJKMC & SMC under the umbrella of Medical Students' Association of Pakistan (MSAP) for the activity "Thrive with thalassemia" under the supervision of Prof. Mudassar Ali (Vice Principal RLMC). It's great to see students working together for a common cause in the field of medicine.



Rashid Latif College of Pharmacy (RLCP)

World Pharmacist Day (25th Sep 2023)

Celebrated World Pharmacist Day at RLCP!

Rashid Latif College of Pharmacy (RLCP) came alive with the spirit of World Pharmacist Day!

In the heart of RLMC, students, faculty, and distinguished guests gathered to mark this special occasion. The event kicked off with a delightful cake cutting ceremony, symbolizing unity in the world of pharmaceuticals. A highlight of the day was the presence of a renowned pharmaceutical company, Nutri Pharma showcasing the well-loved vitamin D brand, Indrop-D. Visitors had the chance to sample this essential supplement and gain insights into the importance of vitamin D through an engaging presentation.



Rashid Latif Medical Complex (RLMC)

Sports Week (26th Sep 2023)

We are delighted to extend our warmest congratulations to each & every member of Sports Society of RLMC for orchestrating a truly spectacular inaugural ceremony for the Sports Festival 2023. Your meticulous planning, dedication & unwavering commitment to excellence were evident in every aspect of the event. The atmosphere you created was nothing short of electrifying, setting the perfect tone for the festival ahead. The seamless execution & attention to detail showcased the level of professionalism & passion that defines our Sports Society.



Rashid Latif Nursing College (RLNC)

Suicide Prevention (28th Sep 2023)

September, A Month for "SUICIDE PREVENTION. RLNC Faculty and Students arranged a workshop on SUICIDAL PREVENTION & AWARENESS at ILM boys and girls campus Kasur. Awareness was given through speech by Nursing Faculty Mr. Shabaz Emmanuel and Miss Safia Yameen, with charts demonstration and an interesting role play by the nursing students. The ILM students enjoyed and gain knowledge on SUICIDAL PREVENTION and appreciated this initiative.



Rashid Latif Medical College (RLMC)

Beautiful character of Prophet Muhammad (PBUH) 30th Sep 2023)

The remarkable event featured a thrilling quiz competition finale and an inspiring talk by Mugheera Luqman on the beautiful character of Prophet Muhammad (PBUH).

Congratulations to the first-year MBBS students for emerging as the quiz competition champions! And let's not forget to applaud the third-year MBBS students who secured the runner-up position.



Rashid Latif Medical College (RLMC)

PBL Workshop (30th Sep 2023)

Problem-Based Learning Workshop Highlights at Rashid Latif Medical College

Our recent Problem-Based Learning (PBL) workshop at Rashid Latif Medical College was a resounding success! PBL fosters critical thinking, teamwork & problem-solving skills among students. It was inspiring to see our faculty engage with this innovative teaching method.

Dr. Sadia Yaseen & Dr. Saman Saeed led the session with expertise & enthusiasm, providing valuable insights into PBL. Faculty members highly appreciated her contributions.



Suicide Prevention Month (September 2023)

Prof. Dr. Nashi Khan & Team of Rashid Latif Dept of Professional Psychology (RLDPP) & Counseling and Wellness Center (CWC) Celebrated September as “Suicide Prevention Awareness Month”. All the Executives/Directors/HODs/Principals contributed to this campaign by sharing Video Message Clips regarding the Risk Factors, Consequences & Prevention of Suicide. All the Videos were circulated over the Social Media throughout the Month.



Rashid Latif Medical College (RLMC)

5th National Research Conference (30th Sep 2023)

We are thrilled to share some exciting news from Rashid Latif Medical College! Our brilliant students have once again showcased their exceptional research prowess, this time at the 5th National Research Conference hosted by Rehman Medical College Peshawar. They secured Runner-Up position in Clinical Poster Presentation category with their research on "Acquired Hemophagocytic Lympho-Histiocytosis Associated with Human Herpes Virus-6 (HHV-6) Infection in an Immunocompetent Adult: A Case Report."



Hameed Latif Teaching Hospital (HLTH)

Free Immunization Services for Neonates & Gynae Patients

With the collaboration of Govt. of Punjab, a fully equipped EPI Vaccination Center has been established in Hameed Latif Teaching Hospital. Free immunization services are now being provided to all Neonates and Gynae Patients.

EPI VACCINATION SCHEDULE FOR CHILDREN
بچوں کے حفاظتی ٹیکہ جات کا شیڈول

بچوں کو پندرہ روزہ کی عمر تک چھ دواؤں
دیکھیں، سیتے سے آپ انہیں
دروہیاں بنا لیں!
یاد رکھیں، یہ سب کو روک سکتے ہیں

پہلی دوا پندرہ روزہ ۰-۱۴	دوئم دوا توبہ ۰-۱۴، ۱-۱۸، ۲-۲۴، ۳-۳۰	چوتھی دوا چھوہٹے ۳-۱۲، ۳-۱۸، ۳-۲۴، ۳-۳۰	تیسری دوا دس ہفتے ۲-۲۵، ۳-۲۵، ۳-۳۰، ۳-۳۵	دوسری دوا چھ ہفتے ۱-۱۵، ۱-۲۰، ۱-۲۵، ۱-۳۰	چھٹی دوا پندرہ ماہ کی دت ۰-۱۵، ۰-۲۰، ۰-۲۵، ۰-۳۰



TETANUS VACCINATION SCHEDULE FOR PREGNANT & CHILD BEARING AGE WOMEN
حاملہ خواتین کے TT کے حفاظتی ٹیکوں کا شیڈول

TT-5 پہلے دوا پندرہ ماہ کی دت	TT-4 دوسری دوا تیسرے بچے کے ایک ماہ بعد	TT-3 تیسری دوا دوسرے بچے کے ۱۸ ماہ بعد	TT-2 چوتھی دوا پہلے بچے کے ۱۸ ماہ بعد	TT-1 پندرہ ماہ کی دت پہلے بچے کے ۱۸ ماہ بعد

Hameed Latif Teaching Hospital (HLTH)

Free Medical Camp at Dera Malik Shahbaz Village Dhaloki (7th Sep 2023)

Hameed Latif Teaching Hospital organized a free Medical Camp at Dera Malik Shahbaz Village Dhaloki. More than 230 patients were treated. Free health services (Free medical checkup and medicines) were provided to all the patients of said village.



Hameed Latif Teaching Hospital (HLTH)

Free Medical Camp at Dera Hamid Nazir Gujjar Ch. Ghulam Nabi Nambardar Village Saraich (14th Sep 2023)

On September 14, 2023, Hameed Latif Teaching Hospital organized a free Medical Camp at Dera Hamid Nazir Gujjar/Ch. Ghulam Nabi Nambardar Village Saraich. More than 110 patients were attended. Free health services (Free medical checkup and medicines) were provided to all patients.



Hameed Latif Teaching Hospital (HLTH)

Lecture on “The Science of Insulin Dosing (Exploring Calculations & Guidelines)” (21st Sep 2023)

On September 21, 2023, with the collaboration of Rashid Latif College of Pharmacy, Hameed Latif Teaching Hospital organized a lecture on “The Science of Insulin Dosing (Exploring Calculations & Guidelines)” to all Doctors, Nursing & Paramedical staff. Medical Director HLTH in his closing remarks and thanked the team of RLCP and concluded the lecture.



Hameed Latif Teaching Hospital (HLTH)

Free Medical Camp at Dera Doctor Muhammad Anwar Bypass Road Village Badar Pura Kasur (28th Sep 2023)

On 28-09-23, a free Medical Camp at Dera Doctor Muhammad Anwar Bypass Road Village Badar Pura Kasur was organized by Hameed Latif Teaching Hospital. More than 235 patients were attended. Free health services (Free medical checkup and medicines) were provided to all patients.



Laboratory Trainings for the month of September 2023

During the month of September 2023, a couple of training sessions were conducted by Dr. Nadia Mahmood (HOD Pathology) to all lab staff of hospital on Quality Control (Session II) and Infection Control (Session II).

